

## Caregiving is a Tough Job

- Do you know a senior citizen that would benefit from a supervised, safe, social, activity-filled environment?
- Do you know a caregiver who is facing giving up a career to take care of an elderly loved one?
- Are you a caregiver that desperately needs relief from time to time?

**Carlsbad  
Adult Respite  
is the Answer**

## Experience the Vibrant, Fun-Filled Environment of Carlsbad Adult Respite



**Carlsbad Adult  
Respite  
is  
NOW ENROLLING**

201 E. Cascade Ave.  
Carlsbad, NM 88220

Phone: 575-887-0506

Southeast NM Community Action  
Corporation's

## Carlsbad Adult Respite



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ENROLLING**

*For more information call:*

**575-887-0506**

## Is Carlsbad Adult Respite for Me?

The purpose of the Carlsbad Adult Respite is three-fold:

- To provide loving care, social opportunities, age-appropriate physical activities, and mentally stimulating endeavors for senior citizens in and around the community of Carlsbad, New Mexico
- To provide caregivers support and respite from an around-the-clock duty
- To make it possible for caregivers to retain employment while caring for their loved ones

Overall these services enable the elderly to remain in a home environment and aids in preventing early institutionalization.

## What to Expect:

Carlsbad Adult Respite is a fun-filled, social environment where seniors can visit with peers, enjoy age-appropriate activities and look forward to special events.

Activities are based on the interests of participants. For example, you might experience a game of dominoes or Wall Boggle, engage in arts and crafts, shopping adventures, or getting manicures. You might even take a field trip to a livestock auction or a cattle ranch or try out a Wii Fit Plus routine.

Transportation to and from the center is provided to participants who need it. A hot, nutritious meal is served every day along with snacks. From time to time, health screening is provided to participants by home healthcare agencies.

Carlsbad Adult Respite keeps participants active and entertained.

## Do I Qualify?

- Income is NOT a factor for qualifying for services at Carlsbad Adult Respite
- Services are offered to individuals over the age of 60 regardless of their income or assets
- The suggested donation for services is \$5 per hour; however, no person will be turned away due to inability to pay
- Prospective participants will be assessed prior to enrollment to ensure that the facility can meet their needs

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